Good evening, everyone,

Today, the Nova Scotia government announced that the province will transition into a **modified Phase 5** on Monday, Oct. 4. To read the complete news release from the province, [please click here](https://novascotia.ca/news/release/?id=20210929005).

Phase 5 of Nova Scotia’s reopening plan begins cautiously. While some restrictions will be lifted, others will be maintained:

* Masks, for example, will continue to be mandatory in public places. So in hockey, our mask policy will remain the same as it was in Phase 4: ***On the ice, masks are not required during practices, training sessions, and games. Off the ice, masks will be required. Please note that coaches and instructors who work with more than one group must wear a mask at all times while inside the facility (including while on the ice).***
* Physical distancing and gathering limits for events hosted by a recognized business or organization will be lifted.
* Proof of full vaccination will be required for non-essential events and activities (including all Hockey Nova Scotia-sanctioned events and activities).

We just received the update below on proof of full vaccination from Sport Nova Scotia. You will also find the province’s **COVID-19 Protocol for Proof of Full Vaccination for Events and Activities** attached.

Over the next few days, we will be updating our Rebound Plan to reflect this cautious move to Phase 5 and the newly released **COVID-19 Protocol for Proof of Full Vaccination for Events and Activities**.

We will pass along any updates as soon as we receive them.

Thank you for all that you do.

Arnie Farrell

President

Hockey Nova Scotia

Amy Walsh

Executive Director

Hockey Nova Scotia